


	Info About Your Learning Style	Taking Advantage of Your Style	Building Up This Learning Style	Teaching Others Who Are ...	Dealing with Teachers Who Are ...
 <p>Visual</p>	<ul style="list-style-type: none"> • Organized • Learns by graphs, pics • Needs to see the "big picture" 	<ul style="list-style-type: none"> ▪ Make colorful charts & calendars to schedule your assignments. ▪ Draw/create "maps" of info learned (helps you remember!). 	<ul style="list-style-type: none"> • Start to notice the things around you. Colors, who is sitting where, what the teacher is wearing. • Look at the board and other written materials. 	<ul style="list-style-type: none"> • Use colorful posters/charts/pictures • Give written instructions • Speak clearly ▪ Have them picture the subject in their head. 	<ul style="list-style-type: none"> • Turn in neat and organized work. • Sit in close to the teacher. • Sit up and ask questions (be visible).
<p>Auditory</p>	<ul style="list-style-type: none"> ▪ Receive info as they hear it. ▪ Enjoy listening and talking ▪ Learns from lectures and repeating the info 	<ul style="list-style-type: none"> ▪ Study with others! ▪ Discuss the subject with others. ▪ Repeat back all the info you learned 	<ul style="list-style-type: none"> ▪ Listen more closely to what people are saying. ▪ Notice your own voice. Use different pitches, tones, volume. 	<ul style="list-style-type: none"> ▪ Change voice tone, pitch, speed ▪ Use rhythms and beats. ▪ Use acronyms. 	<ul style="list-style-type: none"> ▪ Ask questions. ▪ Paraphrase what the teacher has said. ▪ Talk to your teachers.
<p>Kinesthetic</p>	<ul style="list-style-type: none"> ◆ Learns by doing. ◆ Notices feelings. ◆ Physical comfort is very important. 	<ul style="list-style-type: none"> ◆ Discuss your feelings about the subject with others. ◆ Study with others (to help you stay focused) or study somewhere with NO distractions. ◆ Study different topics in different places. 	<ul style="list-style-type: none"> ◆ Notice others' feelings. ◆ Notice and share your own feelings. ◆ Recognize the lessons your personal experiences have taught you. ◆ Do more hands-on projects. 	<ul style="list-style-type: none"> ◆ Get the student moving when teaching/tutoring. ◆ Use role-plays. ◆ Use props. ◆ Talk/discuss feelings about the subject. 	<ul style="list-style-type: none"> ◆ To keep your focus, bring a "stress ball" to keep your hands busy. ◆ Volunteer for role-plays/skits. ◆ Ask to do hands-on projects. ◆ Talk to your teacher.