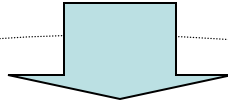


# Debriefing: in 3 easy steps

## EXPERIENCE



1. Process

“What?”



What did you see observe, hear?

2. Reflect

“So what?”



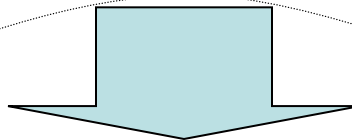
How did it feel to...?  
What did you think about...?

3. Apply

“Now what?”



What does this have to do with...  
--your program?  
--your life?



## LEARNING