

CULTURALLY RELEVANT RESOURCES



Upcoming Workshops with Cultures Connecting:

Activities for Facilitating Courageous Conversations

❖ December 2nd, 2011 ❖ 9:00a.m. - 4:30p.m. ❖

In this workshop we teach how to facilitate some of our best activities for engaging people in deep conversations about racism and privilege. More information at: www.culturesconnecting.com

Articles

McIntosh, P. **White Privilege & Male Privilege: A Personal Account of Coming to See Correspondences through Work in Women Studies or Unpacking the Invisible Knapsack.** Independent School. Winter 1998. This is a shorter version of Peggy McIntosh's article where she identifies a list of ways she's benefitted from White privilege.

Sue, D.W., Capodilupo, C.M., Torino, G.C., Bucceri, J., Holder, A.M.B., Nadal, K.L., Esquilin, M., **Racial Microaggressions in Everyday Life: Implications for Clinical Practice.** American Psychologist. 2007 vol.62, No. 4.

While this article was written for clinical psychologists it brings great insight into what racism looks like today and how it is perpetuated in small unintentional ways by well meaning people.

<http://www.uoregon.edu/~omas/articles/racial-microaggressions-in-everyday-life.pdf>

Websites

www.ReducingStereotypeThreat.org (Based on Steel & Aronson's work)

This website has a wealth of information on what is stereotype threat, the consequences, situations that lead to it, what can be done to reduce it, etc.

www.MixedHeritageCenter.org

Mixed Heritage Center: Information and resources for people of mixed heritage.

www.implicit.harvard.edu/implicit/demo/takeatest.html

Project Implicit a researched base test (Implicit Association Test) you can take on line that measures your unconscious attitudes and bias.

<http://www.asian-nation.org/assimilation.shtml>

Asian Nation: Asian American History, Demographics, & Issues.

Books

Lipsitz, G., (2006) ***The Possessive Investment in Whiteness: How White People Profit From Identity Politics.*** Temple University Press. Philadelphia

This book looks preferences for whites in housing, education, employment, wealth, health, etc.

Steele, C.M. (2010) ***Whistling Vivaldi: And Other Clues to How Stereotypes Affect Us.*** New York. Norton & Company.

Reveals the impact of stereotypes based on our gender, age, race, class or any other ways by which we classify one another and how "stereotype threat" profoundly affects us.

Takaki, R. (2008). ***A Different Mirror: A History of Multicultural America.*** Boston: Little, Brown & Co.

Van Ausdale, D. and Feagin, J. (2001) ***The First R: How Children Learn Race and Racism.*** New York: Rowman and Littlefield.

Researchers observe pre-school aged children practicing racially defined roles in play and conversation.